



Chef Bio Sophia Du

Inner Mongolia, China

Sophia is from Inner Mongolia, and misses her hometown's cool summer days and the blue skies that stretch forever. But she feels at home in the vibrancy of Beijing, and loves the serenity of The Hutong's courtyard. When she is not overseeing events at The Hutong, she is in the kitchen, honing her creative culinary talents - from experimenting with new varieties of dessert dumplings to creating new menu combinations for our signature Hook N Cook competitions.

Sophia has studied both Western and Chinese style nutrition, and has a degree from the China National Nutrition Association.

She trusts that balanced meals and exercise keep one away from illness and weakness. She loves to share her knowledge in both her market tours and her cooking classes. Sophia started by teaching dumpling and hand-pulled noodle workshops, and has recently included regional cuisines in her range of successes.

In The Hutong's Kitchen, Sophia loves to enjoy homemade meals together with guests and impart stories surrounding Chinese cuisine and culture. But even more, Sophia loves to learn about other cultures from all the wonderful guests who pass through The Hutong.