

Jon's martial arts history is long and varied. He began training at the age of fifteen in Fountain Valley, California in Kenpo Karate and TaekwonDo. He later moved to Arkansas to learn Hung Gar gung fu with Sifu Alex Keck and continued practicing TaeKwonDo. Jon also studied Filipino Martial Arts in 1990 at Richard Clary's Integrated Fighting Arts Academy and at McFann's Academy under Sifu Marc McFann. He moved back to California in 1998 and trained in The Warriors Escrima System and in The Inosanto/LaCoste system with Guro Nick Ramos, receiving Instructor level 2 rank.

Jon has been teaching a number of different martial arts styles in China since 2003, and has been teaching martial arts to children for over 10 years. He has been a licensed teacher for almost 20 years, and teaches Physical Education and Health at The Canadian International School. Jon also has a beautiful 18 month old daughter, who has not yet started learning martial arts.